## 2025 Wellness Credit-Simplified!!



### **One Action Required!**

# Retired Employee Under 65 and non-Medicare

### Complete by: December 31, 2024



# Annual Well Exam or Well Woman Exam

- Schedule your appointment today!
- Visit your doctor to complete your annual well or well woman exam.
- Your well exam claim will be sent to Anthem and will show completed in your My Rewards area.



### **Need a Doctor?**

To find a primary care doctor in your plan, visit:

Within **Sydney** select **CARE** care on the bottom navigation bar then **Find Care & Cost** 

**Anthem.com** and select **Find Care & Cost** in the <u>Connect With</u>
Care section on the home page.





### Preventive care vs. diagnostic care

Knowing the difference between these types of care can save you money.



Preventive care can be scheduled when you're feeling well to help keep your health on track. Annual well exams, such as a well-woman visit, and screenings or vaccines are considered preventive. This type of care is covered by your health plan.



Diagnostic care is used to determine the cause of symptoms you're experiencing. This type of care may include appointments with your doctor and tests to diagnose an issue so it can be treated. This care will have copays or other costs, as covered by your plan.





Scan this QR code to download the Sydney Health app. For any wellness credit related questions, contact Fulton Employee Wellness at 404-613-7354 or employeewellness@fultoncountyga.gov

For Anthem or Sydney Health assistance, call Anthem's Customer Service number at 1-800-474-2227.



Rewards eligibility applies to employees. Employees must be active on the plan and activity must take place during the designated time. It may take a little time once you complete a wellness activity before you see the reward in your account. Anthem claims are required for claims-based activity rewards and may take up to 60 days to adjudicate.

#### Let's Get Started!

Don't Miss Out: You can open the **Sydney Health app** or go to **Anthem.com** using the same username and password.



Open the Sydney Health app. Select MORE on the bottom navigation bar. Select My Health Dashboard. Click My Rewards. Go to View Completed Activity to verify Annual Wellness Exam claim was processed.

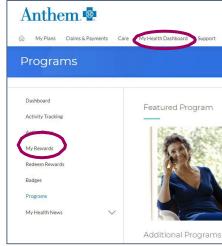
OR Go to Anthem.com. Select My Health Dashboard. Click My Rewards. Go to View Completed Activity to verify Annual Wellness Exam claim was processed.

Find & Estimate Care My Care Team Family Health Reco

Sydney Health



Anthem.com



Eligible employees include current retired employees under 65 and non-Medicare. To qualify for the incentive, you must complete all steps no later than 12/31/2024.



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Fulton County's wellness credit reward eligibility applies to active employees. Members must be active on the plan and activity must take place during the plan effective year. Product availability may vary. Sydney Health is offered through an arrangement with CareMarket, Inc. ©2020-2021. Screen shots shown above are subject to change.